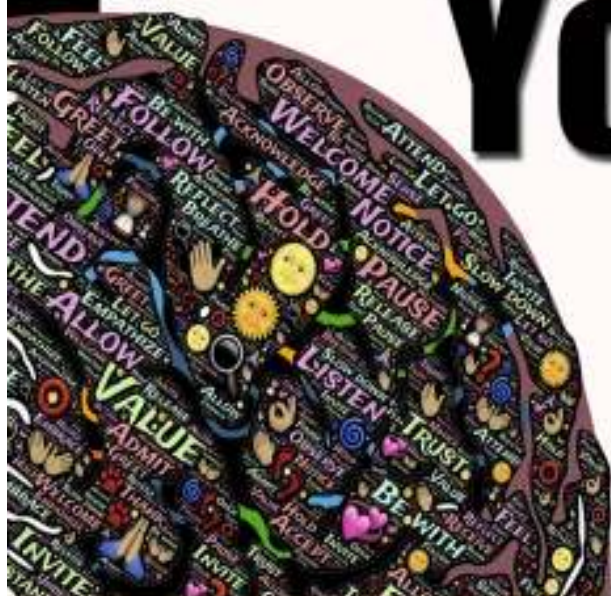


A Practice for Your Brain



**Writer's
Thought
Book**

by
Pooja Dubey

Why do you need this book?

This book is for new writers who wish to master the art of writing. First thing they need to understand is that writing is not just about putting thoughts and ideas on a paper or on a screen. More than writing, writing is about the germination of those thoughts and ideas that really need you to churn your brain hard. And, this book is going to take to that track - make you a thinker, a thinker who imagines the world, captures new ideas and then creates a piece of writing that speaks differently.

I am not going to teach you writing principles in this book but I will definitely cover steps you can take to generate ideas and to capture them in an effective manner.

How you can make the best use of this book?

This book is going to cover the first stage of writing and that is ideation. So, keep a pen and a paper with you or you can just take a print out of this book as it gives you places to write. The book contains a series of exercises that will get you into the habit of writing. Read the descriptions given before every exercise carefully and then attempt the task given. The instructions would give some lessons on the subject covered, guidelines on the assignment and hints to make your work easier.

I have put limitations on the number of words you can use for each task. This is because as a writer, you need to always be concise - say more with fewer words. So, do not spill over. Try to keep your work within the word limit. Also, try writing with a pen instead of using your laptop. It will give a boost to your creativity.

What benefits will you get from this book?

First, it is a free book so you have nothing to lose. This book is going to give something that can make you perfect - PRACTICE! I am sure you must have heard the common phrase, "Practice makes a man perfect". What more can you do with this book? You can -

- Learn how ideation works
- Learn to generate story ideas
- Learn to use the power of your observation to create stories
- Create an idea or thought book for yourself that will serve as your companion for life
- Inculcate the habit of writing daily
- Learn to generate unique ideas from your observations of ordinary things



Let us set your goal first. What kind of a writer you want to become?

- Fiction writer who writes novels (N)
- A biography or profile writer (BW)
- Fiction writer who writes short stories (SS)
- Script writer for movies or serials (SW)
- Non-Fiction writer who want to write blogs (B)
- Non-Fiction writer who want to earn through writing (E)
- Non-Fiction writer who wants to write a book (BK)
- You are working and you just want to be good at writing (G)

This book is going to help you irrespective of your choice but some exercises would be more beneficial to specific type of writer and thus, knowing what your aim is can help you. With every exercise, I will give you a hint on this so you will know which exercises are most important for you. Each exercise can be used by all writers but they would be marked with symbols N, BW, SS, B, E, BK, G based on which type of writer would be benefited most.



CONFLICT

Conflict is the center of any story because it keeps the reader interested and engaged. Imagine if the boy in Titanic was not poor but from a rich family. There would have been no conflict. Their relationship would have been so easy. What if Farhaan's father liked the idea of his kid doing photography in the movie, 3 Idiots? There would have been no conflict, no fear, no emotions, no tears.

Conflict is important both in fiction and non-fiction.

Try reading this article from Cosmopolitan magazine

WILLOW SMITH SAYS GROWING UP WITH FAMOUS PARENTS WAS "ABSOLUTELY TERRIBLE"

If you think growing up with uber-famous parents would make life easier, Willow Smith is here to shut down that assumption.

In a new interview with [Girlgaze](#), the 17-year-old daughter of Will Smith and Jada Pinkett Smith was asked about growing up famous—and she held nothing back. "To be completely and utterly honest, it's absolutely terrible," she explained.

She got very real about what it's like to grow up in the spotlight, again using the word "terrible" to describe the experience.

"Growing up and trying to figure out your life...while people feel like they have some sort of entitlement to know what's going on, is absolutely, excruciatingly terrible—and the only way to get over it, is to go into it," she said.

But, when it comes down to it, she accepts the hand she's been dealt and is determined to make the best of it.

"You can't change your face," she said. "You can't change your parents. You can't change any of those things. So I feel like most kids like me end up going down a spiral of depression, and the world is sitting there looking at them through their phones; laughing and making jokes and making memes at the crippling effect that this lifestyle has on the psyche."

And, for Willow, making the best of it means deciding between what she sees as the only two options for someone in her situation—to go in completely or hide from the world. The talented musician and artist seems to have made her choice.

"When you're born into it, there are two choices that you have; I'm either going to try to go into it completely and help from the inside, or...I'm really going to take myself completely out of the eye of society. There's really no in-between," she said.

Now, answer these questions below **(B)**:

1. Is there any conflict in the article? Why is it important



2. Give at least two reasons why you would read this article.

3. Does the conflict get you interested in the article? Please explain


Why is conflict interesting? Because it can make it hard to take decisions. Read the sentence again "making the best of it means deciding between what she sees as the only two options for someone in her situation" Does it make sense to you?

Can you think of a conflict in your life? Think of an occasion when you had to take a tough decision in your life. What were your options? Why was it hard to take a decision? What did you decide? Why did you make that choice? What was the outcome? Was the decision right?

Your Task: Imagine that the situation you just chose from your life is going to get filmed. Write a short story on it making the conflict stand out. Be descriptive, creative, dramatic, and make sure to add emotions (500 words) **(N, SW)**



A series of horizontal lines for writing, consisting of 25 evenly spaced lines.



Universe has laws and we all have no choice but to deal with them. What if these laws are violated? In reality, it may not be possible but in your imagination it is and that is how new stories can be created.

The universal law says that only women can become pregnant. What if men can become pregnant? Check out the Hollywood movie - **Junior**, in which, Arnold plays the character of a male who becomes pregnant

The universal law says that you can only hear what people say in front of you and not what they think in their heads. What if there was a man who can hear what you speak in your mind? Check out the Hollywood movie - **What women want**, in which, Mel Gibson plays the role of an advertiser who suddenly starts to hear what women speak in their heads.

Can you think of such universal laws and come up with story ideas that creatively violate these laws?

Your Task: Write the law and create a story violating that law. Write the crux of your story in a single line **(SW)**

Hint: Some laws that you can use - Time never stops; Night is dark; Moon is white

Story Idea 1:

Story Idea 2:

Story Idea 3:

Story Idea 4:



UNCONVENTIONAL

Conventions rule the world. We follow what most of us follow and they become rules. These are human made rules that can be broken but their disobedience will pose questions and challenges. This can make an interesting story idea.

For instance, a convention says that Male is mostly a breadwinner and female is a cook. Reversing the role can get you write stories like **Ki & Kah**. Terrorists plant bomb to kill innocent people. What if a common man plants a bomb to kill terrorists? Heard of Indian movie, **A Wednesday**?

Can you look around and notice any such convention that is strongly followed by most people?

Your Task: Identify conventions and think of a story in which this convention is violated or reversed. Write a single line describing the key idea of your story. **(N,SS,SW)**

Hint: Some conventions - girls mostly believe in God; Kids are scared of ghosts; Most people go to office in morning; You need money to buy things

Story Idea 1:

Story Idea 2:

Story Idea 3:

Story Idea 4:



Keeping reading on <http://www.writerpoojadubey.com>

Keep getting surprises...

Subscribe to get regular updates

Keep reading...

Stories

Resources

And More...

